

Torque Conversions



Doc: Nm/01

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Units to be converted ↓	SI	Imperial		Metric	
	Nm	lb.ins	lb.ft	Kg.cm	Kg.m
1 Nm =	1	8.851	0.738	10.2	0.102
1 Lb.ins =	0.113	1	0.083	1.152	0.0115
1 Lb.ft =	1.356	12	1	13.83	0.138
1 Kg.cm =	0.098	0.868	0.072	1	0.01
1 Kg.m =	9.807	86.8	7.233	100	1

Notes:

Based on BS 350 1974

1 Kg.m = 1 kp.m